



COVID-19, TOBACCO USE & BEHAVIORAL HEALTH

BACKGROUND

- Individuals with **pre-existing respiratory conditions** (such as lung cancer or chronic obstructive pulmonary disease) are more vulnerable to the effects of the novel coronavirus (COVID-19).
- There is a growing body of evidence that suggests current use of tobacco products is a risk factor contributing to **disease progression and higher mortality**.
- Individuals with behavioral health conditions who smoke also may fall into a greater category of risk for **increased use of alcohol, tobacco and other substances**.
- Tobacco control experts, public health workers and individuals who use tobacco need to be vigilant in keeping up with **reputable and evidence-based practice, policy, and research**.

NEWS ARTICLES + BLOG POSTS

- [Protect Your Lungs \(COVID-19\)](#)
- [Protect yourself from COVID-19: Stop smoking and vaping now](#)
- [How smoking, vaping and drug use might increase risks from COVID-19](#)
- [Smoking or Vaping May Increase the Risk of a Severe Coronavirus Infection](#)
- [The coronavirus is deadly enough. But some experts suspect bad air makes it worse.](#)
- [The Coronavirus is a Good Reason to Quit Vaping](#)
- [Reduce your risk of serious lung disease caused by coronavirus by quitting smoking and vaping.](#)
- [Is There Actually a Link Between Vaping and Coronavirus?](#)
- [Q&A on smoking and COVID-19](#)
- [What smokers should know about COVID-19](#)
- [COVID-19, the connection to smoking and vaping, and resources for quitting](#)

WEBINARS + PRESENTATIONS

- [COVID-19 and Chronic Lung Disease: What you Need to Know](#)
- [The Impact of COVID-19 for Tobacco Users \(+How You Can Help\)](#)
- [Lung Health & COVID-19](#)

RESEARCH & LITERATURE

- [COVID-19 and smoking: A systematic review of the evidence](#)
- [Susceptibility Analysis of COVID-19 in Smokers Based on ACE2](#)
- [Sex difference and smoking predisposition in patients with COVID-19](#)
- [Analysis of factors associated with disease outcomes in hospitalized patients with 2019 novel coronavirus disease](#)

GENERAL RESOURCES + INFO

- National Council for Behavioral Health: [Resources and Tools for Addressing Coronavirus \(COVID-19\)](#)
- Centers for Disease Control and Prevention: [Coronavirus Landing Page](#)
- Association for Addiction Professionals: [Coronavirus Disease \(COVID-19\) Resources](#)
- World Health Organization: [Coronavirus Landing Page](#)
- American Lung Association: [COVID-19 Resources](#)

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