



LET'S TALK ABOUT SUICIDE



CAN SMOKING BE A RISK FACTOR FOR SUICIDE?

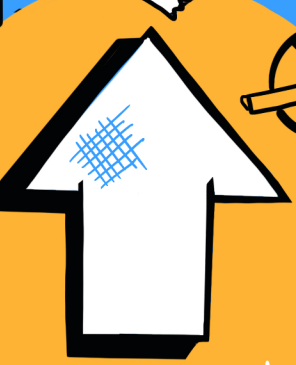
AND SMOKING

BEING A REGULAR SMOKER IS ASSOCIATED WITH A HIGHER RISK OF SUICIDAL THOUGHTS

AND ATTEMPTS

PEOPLE WITH PREVIOUS NICOTINE DEPENDENCE WHO ABSTAINED IN THE PAST YEAR ARE **SIGNIFICANTLY**

LESS LIKELY TO HAVE MADE A SUICIDE ATTEMPT DURING THAT TIME COMPARED TO THOSE CURRENTLY DEPENDENT ON NICOTINE.



Heavy smokers are **SIGNIFICANTLY** more likely to make repeated suicide attempts than non-smokers

evidence → points to a relationship between **suicide and smoking**

We need more **research** around this!

Comorbid mental disorder and lifetime nicotine dependence are **significantly** associated with suicide attempts **compared** to people without either disorder

NEED TO TALK TO SOMEONE? 1-800-273-TALK 24/7

FOR MORE INFORMATION VISIT: WWW.BHtheCHANGE.org

*by @tasimvh

